

## Other Times – Week D, Sunday

O Lord, open our lips:  
**and our mouth shall proclaim your praise.**

**Glory to the Father and to the Son, and to the Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

## Psalmody

Lead me, O Lord, in your righteousness;\*  
**make your way straight before me.**  
(Psalm 5.8)

### Opening - from Psalm 5

- 1 In the morning, Lord, you hear my voice;\*  
early in the morning I make my appeal and watch for you.
- 2 **Through the greatness of your mercy I will go into your house;\*  
I will bow down toward your holy temple in awe of you.**
- 3 All who take refuge in you will be glad;\*  
they will sing out their joy for ever.
- 4 **You will shelter them,\*  
so that those who love your name may exult in you.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;\*  
as it was in the beginning, is now, and shall be forever. Amen.**

### Psalm 145

- 1 I will exalt you, O God my King,\*  
and bless your name for ever and ever.
- 2 **Every day will I bless you\*  
and praise your name for ever and ever.**
- 3 Great is the Lord and greatly to be praised;\*  
there is no end to his greatness.

- 
- 4 One generation shall praise your works to another\*  
and shall declare your power.**
- 5 I will ponder the glorious splendour of your majesty\*  
and all your marvellous works.
- 6 They shall speak of the might of your wondrous acts,\*  
and I will tell of your greatness.**
- 7 They shall publish the remembrance of your great goodness;\*  
they shall sing of your righteous deeds.
- 8 The Lord is gracious and full of compassion,\*  
slow to anger and of great kindness.**
- 9 The Lord is loving to everyone\*  
and his compassion is over all his works.
- 10 All your works praise you, O Lord,\*  
and your faithful servants bless you.**
- 11 They make known the glory of your kingdom\*  
and speak of your power;
- 12 That the peoples may know of your power\*  
and the glorious splendour of your kingdom.**
- 13 Your kingdom is an everlasting kingdom;\*  
your dominion endures throughout all ages.
- 14 The Lord is faithful in all his words\*  
and merciful in all his deeds.**
- 15 The Lord upholds all those who fall;\*  
he lifts up those who are bowed down.
- 16 The eyes of all wait upon you, O Lord,\*  
and you give them their food in due season.**
- 17 You open wide your hand\*  
and satisfy the needs of every living creature.
- 18 The Lord is righteous in all his ways\*  
and loving in all his works.**
-

19 The Lord is near to those who call upon him,\*  
to all who call upon him faithfully.

**20 He fulfils the desire of those who fear him,\*  
he hears their cry and helps them.**

21 The Lord preserves all those who love him,\*  
but he destroys all the wicked.

**22 My mouth shall speak the praise of the Lord;\*  
let all flesh bless his holy name for ever and ever.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

### Conclusion – from Isaiah 12

1 Rejoice with Jerusalem and exult in her,\*  
all you who love her.

**2 Share her joy with all your heart,\*  
all you who mourn over her.**

3 Then you may suck and be fed from her breasts,\*  
delighting in her plentiful milk.

**4 For thus says the Lord, I will send peace flowing over her like a river,\*  
and the wealth of nations like a stream in flood;**

5 you shall be carried in her arms,\*  
and rocked upon her knees.

**6 As a mother comforts her child,\*  
so will I myself comfort you, and you shall find strength in Jerusalem.**

7 This you shall see and be glad at heart,\*  
your limbs shall be as the fresh grass in spring.

**8 Then I myself will gather all nations,\*  
and they shall come and behold my glory.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;\*  
as it was in the beginning, is now, and shall be forever. Amen.**

**Lead me, O Lord, in your righteousness;  
make your way straight before me.**

## Readings

### Silence

### Response – from Psalm 33.18

The eye of the Lord is upon those who fear him.  
**The eye of the Lord is upon those who fear him.**

On those who wait upon his love.  
**On those who fear him.**

Glory to the Father and to the Son and to the Holy Spirit.  
**The eye of the Lord is upon those who fear him.**

### Benedictus

God raised up for us a **mighty saviour**.

**Blessed are you, Lord, the God of Israel,  
you have come to your people and set them free.  
You have raised up for us a mighty Saviour,  
born of the house of your servant David.**

**Through your holy prophets, you promised of old  
to save us from our enemies,  
from the hands of all who hate us;  
to show mercy to our forebears,  
and to remember your holy covenant.**

**This was the oath you swore to our father Abraham:  
to set us free from the hands of our enemies,  
free to worship you without fear,  
holy and righteous before you,  
all the days of our life.**

**And you, child, shall be called the prophet of the Most High,  
for you will go before the Lord to prepare the way,**

**to give God's people knowledge of salvation  
by the forgiveness of their sins.**

**In the tender compassion of our God  
the dawn from on high shall break upon us,  
to shine on those who dwell in darkness and the shadow of death,  
and to guide our feet into the way of peace.**

**Glory to the Father and to the Son, and to the Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

**God raised up for us a mighty saviour.**

## Prayers

Lord, have mercy upon us.

**Christ, have mercy upon us.**

Lord, have mercy upon us.

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Do not bring us to the time of trial,  
but deliver us from evil.**

**For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

Almighty God, give us grace to know you more and more, that knowing we may love and loving we may praise, that the whole world may hear your name and worship you, through Jesus Christ our Lord. **Amen.**

**God most holy, we give you thanks for bringing us out of the shadow of night into the light of morning; and we ask you for the joy of spending this day in your service, so that when evening comes, we may once more give you thanks, through Jesus Christ your Son our Lord. Amen.**

Let us bless the Lord:

**Thanks be to God!**

The Lord bless us and preserve us from all evil;  
**and bring us to life eternal. Amen.**

## Other Times – Week D, Monday

O Lord, open our lips:  
**and our mouth shall proclaim your praise.**

**Glory to the Father and to the Son, and to the Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

### Psalmody

Lead me, O Lord, in your righteousness;  
**make your way straight before me.**  
(Psalm 5.8)

#### Opening - from Psalm 5

- 1 In the morning, Lord, you hear my voice;\*  
early in the morning I make my appeal and watch for you.
- 2 **Through the greatness of your mercy I will go into your house;\*  
I will bow down toward your holy temple in awe of you.**
- 3 All who take refuge in you will be glad;\*  
they will sing out their joy for ever.
- 4 **You will shelter them,\*  
so that those who love your name may exult in you.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

#### Psalm 111

- 1 Hallelujah! I will give thanks to the Lord with my whole heart,\*  
in the assembly of the upright, in the congregation.
- 2 **Great are the deeds of the Lord!\*  
they are studied by all who delight in them.**
- 3 His work is full of majesty and splendour,\*  
and his righteousness endures for ever.
- 4 **He makes his marvellous works to be remembered;\*  
the Lord is gracious and full of compassion.**

- 5 He gives food to those who fear him;\*  
he is ever mindful of his covenant.
- 6 He has shown his people the power of his works\*  
in giving them the lands of the nations.**
- 7 The works of his hands are faithfulness and justice;\*  
all his commandments are sure.
- 8 They stand fast for ever and ever,\*  
because they are done in truth and equity.**
- 9 He sent redemption to his people;  
he commanded his covenant for ever;\*  
holy and awesome is his name.
- 10 The fear of the Lord is the beginning of wisdom;\*  
those who act accordingly have a good understanding;  
his praise endures for ever.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

### Conclusion – from Isaiah 12

- 1 Rejoice with Jerusalem and exult in her,\*  
all you who love her.
- 2 Share her joy with all your heart,\*  
all you who mourn over her.**
- 3 Then you may suck and be fed from her breasts,\*  
delighting in her plentiful milk.
- 4 For thus says the Lord, I will send peace flowing over her like a river,\*  
and the wealth of nations like a stream in flood;**
- 5 you shall be carried in her arms,\*  
and rocked upon her knees.
- 6 As a mother comforts her child,\*  
so will I myself comfort you, and you shall find strength in Jerusalem.**



7 This you shall see and be glad at heart;\*  
your limbs shall be as the fresh grass in spring.

8 **Then I myself will gather all nations,\*  
and they shall come and behold my glory.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;\*  
as it was in the beginning, is now, and shall be forever. Amen.**

**Lead me, O Lord, in your righteousness;  
make your way straight before me.**

## Readings

### Silence

### Response – from Psalm 33.18

The eye of the Lord is upon those who fear him.  
**The eye of the Lord is upon those who fear him.**

On those who wait upon his love.  
**On those who fear him.**

Glory to the Father and to the Son and to the Holy Spirit.  
**The eye of the Lord is upon those who fear him.**

## Benedictus

God has set us free **to worship him.**

**Blessed are you, Lord, the God of Israel,  
you have come to your people and set them free.  
You have raised up for us a mighty Saviour,  
born of the house of your servant David.**

**Through your holy prophets, you promised of old  
to save us from our enemies,  
from the hands of all who hate us;  
to show mercy to our forebears,  
and to remember your holy covenant.**

**This was the oath you swore to our father Abraham:  
to set us free from the hands of our enemies,  
free to worship you without fear,  
holy and righteous before you,  
all the days of our life.**

**And you, child, shall be called the prophet of the Most High,  
for you will go before the Lord to prepare the way,  
to give God's people knowledge of salvation  
by the forgiveness of their sins.  
In the tender compassion of our God  
the dawn from on high shall break upon us,  
to shine on those who dwell in darkness and the shadow of death,  
and to guide our feet into the way of peace.**

**Glory to the Father and to the Son, and to the Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

**God has set us free to worship him.**

## Prayers

Lord, have mercy upon us.

**Christ, have mercy upon us.**

Lord, have mercy upon us.

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Do not bring us to the time of trial,  
but deliver us from evil.**

**For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

Generous and bountiful God, give us grace always to thank you and share your gifts with others, that the world may be filled with the joy of our Saviour Jesus Christ. **Amen.**

**God most holy, we give you thanks for bringing us out of the shadow of night into the light of morning; and we ask you for the joy of spending this day in your service, so that when evening comes, we may once more give you thanks, through Jesus Christ your Son our Lord. Amen.**

Let us bless the Lord:

**Thanks be to God!**

The Lord bless us and preserve us from all evil;  
**and bring us to life eternal. Amen.**

## Other Times – Week D, Tuesday

O Lord, open our lips:  
**and our mouth shall proclaim your praise.**

**Glory to the Father and to the Son, and to the Holy Spirit;**  
**as it was in the beginning, is now, and shall be forever. Amen.**

### Psalmody

Lead me, O Lord, in your righteousness;\*  
**make your way straight before me.**  
(Psalm 5.8)

#### Opening - from Psalm 5

- 1 In the morning, Lord, you hear my voice;\*  
early in the morning I make my appeal and watch for you.
- 2 **Through the greatness of your mercy I will go into your house;\***  
**I will bow down toward your holy temple in awe of you.**
- 3 All who take refuge in you will be glad;\*  
they will sing out their joy for ever.
- 4 **You will shelter them,\***  
**so that those who love your name may exult in you.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;**  
**as it was in the beginning, is now, and shall be forever. Amen.**

### Psalm 113

- 1 Hallelujah! Give praise, you servants of the Lord;\*  
praise the name of the Lord.
- 2 **Let the name of the Lord be blessed,\***  
**from this time forth for evermore.**
- 3 From the rising of the sun to its going down\*  
let the name of the Lord be praised.
- 4 **The Lord is high above all nations,\***  
**and his glory above the heavens.**

5 Who is like the Lord our God, who sits enthroned on high,\*  
but stoops to behold the heavens and the earth?

**6 He takes up the weak out of the dust\*  
and lifts up the poor from the ashes.**

7 He sets them with the princes,\*  
with the princes of his people.

**8 He makes the woman of a childless house\*  
to be a joyful mother of children.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

### Conclusion – from Isaiah 12

1 Rejoice with Jerusalem and exult in her,\*  
all you who love her.

**2 Share her joy with all your heart,\*  
all you who mourn over her.**

3 Then you may suck and be fed from her breasts,\*  
delighting in her plentiful milk.

**4 For thus says the Lord, I will send peace flowing over her like a river,\*  
and the wealth of nations like a stream in flood;**

5 you shall be carried in her arms,\*  
and rocked upon her knees.

**6 As a mother comforts her child,\*  
so will I myself comfort you, and you shall find strength in Jerusalem.**

7 This you shall see and be glad at heart,\*  
your limbs shall be as the fresh grass in spring.

**8 Then I myself will gather all nations,\*  
and they shall come and behold my glory.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

**Lead me, O Lord, in your righteousness;  
make your way straight before me.**

## Readings

### Silence

### Response – from Psalm 33.18

The eye of the Lord is upon those who fear him.  
**The eye of the Lord is upon those who fear him.**

On those who wait upon his love.  
**On those who fear him.**

Glory to the Father and to the Son and to the Holy Spirit.  
**The eye of the Lord is upon those who fear him.**

### Benedictus

God has remembered **his holy covenant.**

**Blessed are you, Lord, the God of Israel,  
you have come to your people and set them free.  
You have raised up for us a mighty Saviour,  
born of the house of your servant David.**

**Through your holy prophets, you promised of old  
to save us from our enemies,  
from the hands of all who hate us;  
to show mercy to our forebears,  
and to remember your holy covenant.**

**This was the oath you swore to our father Abraham:  
to set us free from the hands of our enemies,  
free to worship you without fear,  
holy and righteous before you,  
all the days of our life.**

**And you, child, shall be called the prophet of the Most High,  
for you will go before the Lord to prepare the way,**

**to give God's people knowledge of salvation  
by the forgiveness of their sins.**

**In the tender compassion of our God  
the dawn from on high shall break upon us,  
to shine on those who dwell in darkness and the shadow of death,  
and to guide our feet into the way of peace.**

**Glory to the Father and to the Son, and to the Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

**God has remembered his holy covenant.**

## Prayers

Lord, have mercy upon us.

**Christ, have mercy upon us.**

Lord, have mercy upon us.

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Do not bring us to the time of trial,  
but deliver us from evil.**

**For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

We magnify your name, O Lord, in all times and places. You subdue the arrogant and raise the humble; you feed the hungry and reveal the poverty of wealth. We give thanks for your salvation, made known in Jesus Christ our Lord. **Amen.**

**God most holy, we give you thanks for bringing us out of the shadow of night into the light of morning; and we ask you for the joy of spending this day in your service, so that when evening comes, we may once more give you thanks, through Jesus Christ your Son our Lord. Amen.**

Let us bless the Lord:

**Thanks be to God!**

The Lord bless us and preserve us from all evil;  
**and bring us to life eternal. Amen.**



## Other Times – Week D, Wednesday

O Lord, open our lips:  
**and our mouth shall proclaim your praise.**

**Glory to the Father and to the Son, and to the Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

### Psalmody

Lead me, O Lord, in your righteousness;\*  
**make your way straight before me.**  
(Psalm 5.8)

#### Opening - from Psalm 5

- 1 In the morning, Lord, you hear my voice;\*  
early in the morning I make my appeal and watch for you.
- 2 **Through the greatness of your mercy I will go into your house;\*  
I will bow down toward your holy temple in awe of you.**
- 3 All who take refuge in you will be glad;\*  
they will sing out their joy for ever.
- 4 **You will shelter them,\*  
so that those who love your name may exult in you.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

### Psalm 66

- 1 Be joyful in God, all you lands;\*  
sing the glory of his name; sing the glory of his praise.
- 2 **Say to God, 'How awesome are your deeds!\*  
because of your great strength your enemies  
cringe before you.**
- 3 All the earth bows down before you,\*  
sings to you, sings out your name.'

- 4 Come now and see the works of God,\*  
how wonderful he is in his doing toward all people.**
- 5 He turned the sea into dry land,  
so that they went through the water on foot,\*  
and there we rejoiced in him.
- 6 In his might he rules for ever;  
his eyes keep watch over the nations,\*  
let no rebel rise up against him.**
- 7 Bless our God, you peoples;\*  
make the voice of his praise to be heard;
- 8 Who holds our souls in life,\*  
and will not allow our feet to slip.**
- 9 For you, O God, have proved us;\*  
you have tried us just as silver is tried.
- 10 You brought us into the snare;\*  
you laid heavy burdens upon our backs.**
- 11 You let enemies ride over our heads;  
we went through fire and water;\*  
but you brought us out into a place of refreshment.
- 12 I will enter your house with burnt-offerings  
and will pay you my vows,\*  
which I promised with my lips  
and spoke with my mouth when I was in trouble.**
- 13 I will offer you sacrifices of fat beasts  
with the smoke of rams;\*  
I will give you oxen and goats.
- 14 Come and listen, all you who fear God,\*  
and I will tell you what he has done for me.**
- 15 I called out to him with my mouth,\*  
and his praise was on my tongue.

- 16 If I had found evil in my heart,\*  
the Lord would not have heard me;**
- 17 But in truth God has heard me;\*  
he has attended to the voice of my prayer.
- 18 Blessed be God, who has not rejected my prayer,\*  
nor withheld his love from me.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

**Conclusion – from Isaiah 12**

- 1 Rejoice with Jerusalem and exult in her,\*  
all you who love her.
- 2 Share her joy with all your heart,\*  
all you who mourn over her.**
- 3 Then you may suck and be fed from her breasts,\*  
delighting in her plentiful milk.
- 4 For thus says the Lord, I will send peace flowing over her like a river,\*  
and the wealth of nations like a stream in flood;**
- 5 you shall be carried in her arms,\*  
and rocked upon her knees.
- 6 As a mother comforts her child,\*  
so will I myself comfort you, and you shall find strength in Jerusalem.**
- 7 This you shall see and be glad at heart;\*  
your limbs shall be as the fresh grass in spring.
- 8 Then I myself will gather all nations,\*  
and they shall come and behold my glory.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

**Lead me, O Lord, in your righteousness;  
make your way straight before me.**

## Readings

### Silence

#### Response – from Psalm 33.18

The eye of the Lord is upon those who fear him.  
**The eye of the Lord is upon those who fear him.**

On those who wait upon his love.  
**On those who fear him.**

Glory to the Father and to the Son and to the Holy Spirit.  
**The eye of the Lord is upon those who fear him.**

### Benedictus

God has remembered **his holy covenant.**

**Blessed are you, Lord, the God of Israel,  
you have come to your people and set them free.  
You have raised up for us a mighty Saviour,  
born of the house of your servant David.**

**Through your holy prophets, you promised of old  
to save us from our enemies,  
from the hands of all who hate us;  
to show mercy to our forebears,  
and to remember your holy covenant.**

**This was the oath you swore to our father Abraham:  
to set us free from the hands of our enemies,  
free to worship you without fear,  
holy and righteous before you,  
all the days of our life.**

**And you, child, shall be called the prophet of the Most High,  
for you will go before the Lord to prepare the way,  
to give God's people knowledge of salvation  
by the forgiveness of their sins.  
In the tender compassion of our God**

**the dawn from on high shall break upon us,  
to shine on those who dwell in darkness and the shadow of death,  
and to guide our feet into the way of peace.**

**Glory to the Father and to the Son, and to the Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

**God has remembered his holy covenant.**

## Prayers

Lord, have mercy upon us.

**Christ, have mercy upon us.**

Lord, have mercy upon us.

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Do not bring us to the time of trial,  
but deliver us from evil.**

**For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

God of power and might, you bring your people out of darkness and slavery into light and freedom through the waters of salvation. Receive our sacrifice of praise and thanksgiving, and keep us always in your steadfast love, through Jesus Christ our Lord. **Amen**

**God most holy, we give you thanks for bringing us out of the shadow of night into the light of morning; and we ask you for the joy of spending this day in your service, so that when evening comes, we may once more give you thanks, through Jesus Christ your Son our Lord. Amen.**

Let us bless the Lord:

**Thanks be to God!**

The Lord bless us and preserve us from all evil;  
**and bring us to life eternal. Amen.**

## Other Times – Week D, Thursday

O Lord, open our lips:  
**and our mouth shall proclaim your praise.**

**Glory to the Father and to the Son, and to the Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

### Psalmody

Lead me, O Lord, in your righteousness;\*  
**make your way straight before me.**  
(Psalm 5.8)

#### Opening - from Psalm 5

- 1 In the morning, Lord, you hear my voice;\*  
early in the morning I make my appeal and watch for you.
- 2 **Through the greatness of your mercy I will go into your house;\*  
I will bow down toward your holy temple in awe of you.**
- 3 All who take refuge in you will be glad;\*  
they will sing out their joy for ever.
- 4 **You will shelter them,\*  
so that those who love your name may exult in you.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

#### Psalm 147

- 1 Hallelujah!  
How good it is to sing praises to our God!\*  
how pleasant it is to honour him with praise!
- 2 **The Lord rebuilds Jerusalem;\*  
he gathers the exiles of Israel.**
- 3 He heals the brokenhearted\*  
and binds up their wounds.

- 4 He counts the number of the stars\*  
and calls them all by their names.**
- 5 Great is our Lord and mighty in power;\*  
there is no limit to his wisdom.
- 6 The Lord lifts up the lowly,\*  
but casts the wicked to the ground.**
- 7 Sing to the Lord with thanksgiving;\*  
make music to our God upon the harp.
- 8 He covers the heavens with clouds\*  
and prepares rain for the earth;**
- 9 He makes grass to grow upon the mountains\*  
and green plants to serve mankind.
- 10 He provides food for flocks and herds\*  
and for the young ravens when they cry.**
- 11 He is not impressed by the might of a horse,\*  
he has no pleasure in the strength of a man;
- 12 But the Lord has pleasure in those who fear him,\*  
in those who await his gracious favour.**
- 13 Worship the Lord, O Jerusalem;\*  
praise your God, O Zion;
- 14 For he has strengthened the bars of your gates;\*  
he has blessed your children within you.**
- 15 He has established peace on your borders;\*  
he satisfies you with the finest wheat.
- 16 He sends out his command to the earth,\*  
and his word runs very swiftly.**
- 17 He gives snow like wool;\*  
he scatters hoarfrost like ashes.
- 18 He scatters his hail like bread crumbs;\*  
who can stand against his cold?**



19 He sends forth his word and melts them;\*  
he blows with his wind, and the waters flow.

**20 He declares his word to Jacob,\*  
his statutes and his judgements to Israel.**

21 He has not done so to any other nation;\*  
to them he has not revealed his judgements.  
Hallelujah!

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

### Conclusion – from Isaiah 12

1 Rejoice with Jerusalem and exult in her,\*  
all you who love her.

**2 Share her joy with all your heart,\*  
all you who mourn over her.**

3 Then you may suck and be fed from her breasts,\*  
delighting in her plentiful milk.

**4 For thus says the Lord, I will send peace flowing over her like a river,\*  
and the wealth of nations like a stream in flood;**

5 you shall be carried in her arms,\*  
and rocked upon her knees.

**6 As a mother comforts her child,\*  
so will I myself comfort you, and you shall find strength in Jerusalem.**

7 This you shall see and be glad at heart;\*  
your limbs shall be as the fresh grass in spring.

**8 Then I myself will gather all nations;\*  
and they shall come and behold my glory.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

**Lead me, O Lord, in your righteousness;  
make your way straight before me.**

## Readings

### Silence

#### Response – from Psalm 33.18

The eye of the Lord is upon those who fear him.  
**The eye of the Lord is upon those who fear him.**

On those who wait upon his love.  
**On those who fear him.**

Glory to the Father and to the Son and to the Holy Spirit.  
**The eye of the Lord is upon those who fear him.**

### Benedictus

God has remembered **his holy covenant.**

**Blessed are you, Lord, the God of Israel,  
you have come to your people and set them free.  
You have raised up for us a mighty Saviour,  
born of the house of your servant David.**

**Through your holy prophets, you promised of old  
to save us from our enemies,  
from the hands of all who hate us;  
to show mercy to our forebears,  
and to remember your holy covenant.**

**This was the oath you swore to our father Abraham:  
to set us free from the hands of our enemies,  
free to worship you without fear,  
holy and righteous before you,  
all the days of our life.**

**And you, child, shall be called the prophet of the Most High,  
for you will go before the Lord to prepare the way,  
to give God's people knowledge of salvation  
by the forgiveness of their sins.  
In the tender compassion of our God**

**the dawn from on high shall break upon us,  
to shine on those who dwell in darkness and the shadow of death,  
and to guide our feet into the way of peace.**

**Glory to the Father and to the Son, and to the Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

**God has remembered his holy covenant.**

## Prayers

Lord, have mercy upon us.

**Christ, have mercy upon us.**

Lord, have mercy upon us.

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Do not bring us to the time of trial,  
but deliver us from evil.**

**For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

God of the universe, Lord of life, give us grace to see you in all your works, in all creatures, all people, and in our hearts, that we may faithfully serve you and worthily praise your holy name, through Jesus Christ our Lord. **Amen**

**God most holy, we give you thanks for bringing us out of the shadow of night into the light of morning; and we ask you for the joy of spending this day in your service, so that when evening comes, we may once more give you thanks, through Jesus Christ your Son our Lord. Amen.**

Let us bless the Lord:

**Thanks be to God!**

The Lord bless us and preserve us from all evil;  
**and bring us to life eternal. Amen.**

## Other Times – Week D, Friday

O Lord, open our lips:  
**and our mouth shall proclaim your praise.**

**Glory to the Father and to the Son, and to the Holy Spirit;**  
**as it was in the beginning, is now, and shall be forever. Amen.**

## Psalmody

Lead me, O Lord, in your righteousness;\*  
**make your way straight before me.**  
(Psalm 5.8)

### Opening - from Psalm 5

- 1 In the morning, Lord, you hear my voice;\*  
early in the morning I make my appeal and watch for you.
- 2 **Through the greatness of your mercy I will go into your house;\*  
I will bow down toward your holy temple in awe of you.**
- 3 All who take refuge in you will be glad;\*  
they will sing out their joy for ever.
- 4 **You will shelter them,\*  
so that those who love your name may exult in you.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;**  
**as it was in the beginning, is now, and shall be forever. Amen.**

## Psalm 103

- 1 Bless the Lord, O my soul,\*  
and all that is within me, bless his holy name.
- 2 **Bless the Lord, O my soul,\*  
and forget not all his benefits.**
- 3 He forgives all your sins\*  
and heals all your infirmities;
- 4 **He redeems your life from the grave\*  
and crowns you with mercy and loving-kindness;**

- 5 He satisfies you with good things,\*  
and your youth is renewed like an eagle's .
- 6 The Lord executes righteousness\*  
and judgement for all who are oppressed.**
- 7 He made his ways known to Moses\*  
and his works to the children of Israel.
- 8 The Lord is full of compassion and mercy,\*  
slow to anger and of great kindness.**
- 9 He will not always accuse us,\*  
nor will he keep his anger for ever.
- 10 He has not dealt with us according to our sins,\*  
nor rewarded us according to our wickedness.**
- 11 For as the heavens are high above the earth,\*  
so is his mercy great upon those who fear him.
- 12 As far as the east is from the west,\*  
so far has he removed our sins from us.**
- 13 As a father cares for his children,\*  
so does the Lord care for those who fear him.
- 14 For he himself knows whereof we are made;\*  
he remembers that we are but dust.**
- 15 Our days are like the grass;\*  
we flourish like a flower of the field;
- 16 When the wind goes over it, it is gone,\*  
and its place shall know it no more.**
- 17 But the merciful goodness of the Lord endures for ever  
on those who fear him,\*  
and his righteousness on children's children;
- 18 On those who keep his covenant\*  
and remember his commandments and do them.**

19 The Lord has set his throne in heaven,\*  
and his kingship has dominion over all.

**20 Bless the Lord, you angels of his,  
you mighty ones who do his bidding,\*  
and hearken to the voice of his word.**

21 Bless the Lord, all you his hosts,\*  
you ministers of his who do his will.

**22 Bless the Lord, all you works of his,  
in all places of his dominion;\*  
bless the Lord, O my soul.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

### Conclusion – from Isaiah 12

1 Rejoice with Jerusalem and exult in her,\*  
all you who love her.

**2 Share her joy with all your heart,\*  
all you who mourn over her.**

3 Then you may suck and be fed from her breasts,\*  
delighting in her plentiful milk.

**4 For thus says the Lord, I will send peace flowing over her like a river,\*  
and the wealth of nations like a stream in flood;**

5 you shall be carried in her arms,\*  
and rocked upon her knees.

**6 As a mother comforts her child,\*  
so will I myself comfort you, and you shall find strength in Jerusalem.**

7 This you shall see and be glad at heart,\*  
your limbs shall be as the fresh grass in spring.

**8 Then I myself will gather all nations,\*  
and they shall come and behold my glory.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

**Lead me, O Lord, in your righteousness;  
make your way straight before me.**

## Readings

## Silence

### Response – from Psalm 33.18

The eye of the Lord is upon those who fear him.  
**The eye of the Lord is upon those who fear him.**

On those who wait upon his love.  
**On those who fear him.**

Glory to the Father and to the Son and to the Holy Spirit.  
**The eye of the Lord is upon those who fear him.**

## Benedictus

God has remembered **his holy covenant.**

**Blessed are you, Lord, the God of Israel,  
you have come to your people and set them free.  
You have raised up for us a mighty Saviour,  
born of the house of your servant David.**

**Through your holy prophets, you promised of old  
to save us from our enemies,  
from the hands of all who hate us;  
to show mercy to our forebears,  
and to remember your holy covenant.**

**This was the oath you swore to our father Abraham:  
to set us free from the hands of our enemies,  
free to worship you without fear,  
holy and righteous before you,  
all the days of our life.**



**And you, child, shall be called the prophet of the Most High,  
for you will go before the Lord to prepare the way,  
to give God's people knowledge of salvation  
by the forgiveness of their sins.  
In the tender compassion of our God  
the dawn from on high shall break upon us,  
to shine on those who dwell in darkness and the shadow of death,  
and to guide our feet into the way of peace.**

**Glory to the Father and to the Son, and to the Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

**God has remembered his holy covenant.**

## Prayers

Lord, have mercy upon us.

**Christ, have mercy upon us.**

Lord, have mercy upon us.

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Do not bring us to the time of trial,  
but deliver us from evil.**

**For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

God of infinite mercy and forgiveness, by the cross and resurrection of Jesus your Son, wash away our sins and deliver us from our infirmities of body and spirit, that we may live with him his risen life, to the praise and glory of your holy name. **Amen**

**God most holy, we give you thanks for bringing us out of the shadow of night into the light of morning; and we ask you for the joy of spending this day in your service, so that when evening comes, we may once more give you thanks, through Jesus Christ your Son our Lord. Amen.**

Let us bless the Lord:

**Thanks be to God!**

The Lord bless us and preserve us from all evil;  
**and bring us to life eternal. Amen.**

## Other Times – Week D, Saturday

O Lord, open our lips:  
**and our mouth shall proclaim your praise.**

**Glory to the Father and to the Son, and to the Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

### Psalmody

Lead me, O Lord, in your righteousness;\*  
**make your way straight before me.**  
(Psalm 5.8)

#### Opening - from Psalm 5

- 1 In the morning, Lord, you hear my voice;\*  
early in the morning I make my appeal and watch for you.
- 2 **Through the greatness of your mercy I will go into your house;\*  
I will bow down toward your holy temple in awe of you.**
- 3 All who take refuge in you will be glad;\*  
they will sing out their joy for ever.
- 4 **You will shelter them,\*  
so that those who love your name may exult in you.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

#### Psalm 119.73-96

- 73 Your hands have made me and fashioned me;\*  
give me understanding, that I may learn your commandments.
- 74 **Those who fear you will be glad when they see me,\*  
because I trust in your word.**
- 75 I know, O Lord, that your judgements are right\*  
and that in faithfulness you have afflicted me.
- 76 **Let your loving-kindness be my comfort\*  
as you have promised to your servant.**

- 77 Let your compassion come to me, that I may live,\*  
for your law is my delight.
- 78 Let the arrogant be put to shame, for they wrong me with lies;\*  
but I will meditate on your commandments.**
- 79 Let those who fear you turn to me,\*  
and also those who know your decrees.
- 80 Let my heart be sound in your statutes,\*  
that I may not be put to shame.**
- 81 My soul has longed for your salvation;\*  
I have put my hope in your word.
- 82 My eyes have failed from watching for your promise,\*  
and I say, ‘When will you comfort me?’**
- 83 I have become like a leather flask in the smoke,\*  
but I have not forgotten your statutes.
- 84 How much longer must I wait?\***  
**when will you give judgement against those who  
persecute me?**
- 85 The proud have dug pits for me;\*  
they do not keep your law.
- 86 All your commandments are true;\***  
**help me, for they persecute me with lies.**
- 87 They had almost made an end of me on earth,\*  
but I have not forsaken your commandments.
- 88 In your loving-kindness, revive me,\*  
that I may keep the decrees of your mouth.**
- 89 O Lord, your word is everlasting;\*  
it stands firm in the heavens.
- 90 Your faithfulness remains from one generation to another;\***  
**you established the earth, and it abides.**

- 91 By your decree these continue to this day,\*  
for all things are your servants.
- 92 If my delight had not been in your law,\*  
I should have perished in my affliction.**
- 93 I will never forget your commandments,\*  
because by them you give me life.
- 94 I am yours; oh, that you would save me!\*  
for I study your commandments.**
- 95 Though the wicked lie in wait for me to destroy me,\*  
I will apply my mind to your decrees.
- 96 I see that all things come to an end,\*  
but your commandment has no bounds.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

**Conclusion** – from Isaiah 12

- 1 Rejoice with Jerusalem and exult in her,\*  
all you who love her.
- 2 Share her joy with all your heart,\*  
all you who mourn over her.**
- 3 Then you may suck and be fed from her breasts,\*  
delighting in her plentiful milk.
- 4 For thus says the Lord, I will send peace flowing over her like a river,\*  
and the wealth of nations like a stream in flood;**
- 5 you shall be carried in her arms,\*  
and rocked upon her knees.
- 6 As a mother comforts her child,\*  
so will I myself comfort you, and you shall find strength in Jerusalem.**
- 7 This you shall see and be glad at heart,\*  
your limbs shall be as the fresh grass in spring.

**8 Then I myself will gather all nations;\*  
and they shall come and behold my glory.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

**Lead me, O Lord, in your righteousness;  
make your way straight before me.**

## Readings

## Silence

### Response – from Psalm 33.18

The eye of the Lord is upon those who fear him.

**The eye of the Lord is upon those who fear him.**

On those who wait upon his love.

**On those who fear him.**

Glory to the Father and to the Son and to the Holy Spirit.

**The eye of the Lord is upon those who fear him.**

## Benedictus

God has remembered **his holy covenant.**

**Blessed are you, Lord, the God of Israel,  
you have come to your people and set them free.  
You have raised up for us a mighty Saviour,  
born of the house of your servant David.**

**Through your holy prophets, you promised of old  
to save us from our enemies,  
from the hands of all who hate us;  
to show mercy to our forebears,  
and to remember your holy covenant.**

**This was the oath you swore to our father Abraham:  
to set us free from the hands of our enemies,  
free to worship you without fear,**

**holy and righteous before you,  
all the days of our life.**

**And you, child, shall be called the prophet of the Most High,  
for you will go before the Lord to prepare the way,  
to give God's people knowledge of salvation  
by the forgiveness of their sins.**

**In the tender compassion of our God  
the dawn from on high shall break upon us,  
to shine on those who dwell in darkness and the shadow of death,  
and to guide our feet into the way of peace.**

**Glory to the Father and to the Son, and to the Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

**God has remembered his holy covenant.**

## Prayers

Lord, have mercy upon us.

**Christ, have mercy upon us.**

Lord, have mercy upon us.

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Do not bring us to the time of trial,  
but deliver us from evil.**

**For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

As of old, O Lord our God, you gave commandments to make one nation just and true, so by your incarnate Word you make all peoples one in grace and in the perfect freedom of your service. We give thanks to you through Jesus Christ our Lord. **Amen**

**God most holy, we give you thanks for bringing us out of the shadow of night into the light of morning; and we ask you for the joy of spending this day in your service, so that when evening comes, we may once more give you thanks, through Jesus Christ your Son our Lord. Amen.**

Let us bless the Lord:

**Thanks be to God!**

The Lord bless us and preserve us from all evil;  
**and bring us to life eternal. Amen.**